

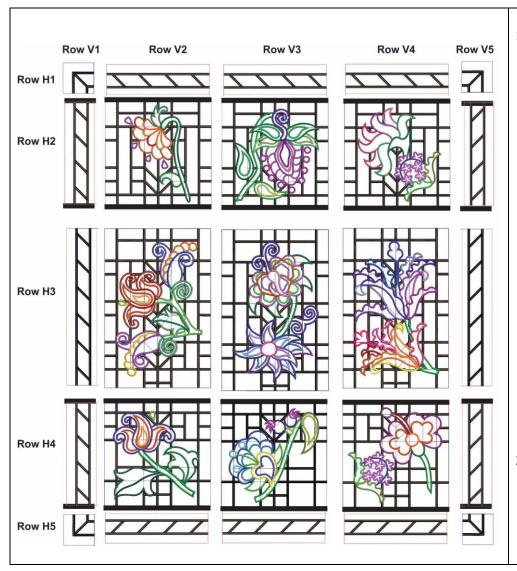
Designed and Digitized by Anna Aldmon

This document provides you step by step instructions of assembling the Exotic Flowers 2 Wall Hanging Window. Trim all the blocks per the Trimming documents on the thumb drive and then lay them out as shown below.

The blocks are assembled via Joining Strips as described below. For more, view my Joining Strip Video on my website http://annasawesomeappliquedesigns.com/techniques/.

#### NOTE: For this project I have modified the Joining Strip as described on the video.

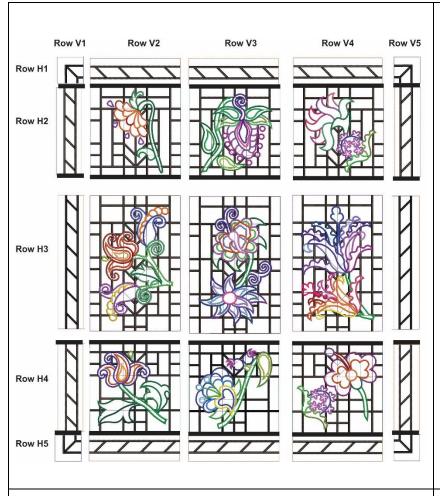
- First modification is to the **Back Joining Strip** width, make it 1-1/4".
- Second, I do a **Top Stitch** on either side of the top joining strip using a "Stitch in the Ditch" foot, and using black top thread and bobbin.



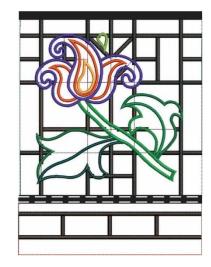
- Attach Joining Strips to both top and bottom sides of the blocks in Row H2 and Row H4, as shown.
  - a) Cut Top Joining Strip 1" wide by about 2" longer than block length.
  - b) Cut Back Joining Strip 1-1/4" wide by about 2" longer than block length.
  - c) Pin the 1" strip to the top of the Block, right sides together.
  - d) Pin the 1-1/4" strip to the top of the Block, right sides together.
  - e) Sew a 1/4" seam where pinned.
- 2. Press the 1" wide strip over the edge. Keep the 1-1/4" Back Strip in place. Use a light Starch as needed to get a good crisp edge.

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- 3. Join the vertical rows together.
  - a) Pin the blocks in Row H1 to blocks in Row H2 to the 1" Top Joining Strip.
  - b) Sew a 1/4" Seam.
  - c) Pin the blocks in Row H5 to blocks in Row H4 via the 1" Top Joining Strip.
  - d) Sew a 1/4" Seam.
- 4. Press the top of each Joining Strip on the right side. This should be 1/2" wide.
  - Turn over and Press the seam. The embroidery batting and fabric should butt edge to edge.
  - b) Spray a light Starch on the 1 1/4" Back Joining Strip to get a good crisp edge.
  - c) Fold over and Press the full 1 1/4" strip.
  - d) Fold the edge of the 1 1/4" strip to about 1/8" from the seam, and Press.
  - e) Fold over again and Press.
  - f) Place <u>Steam a Seam 1/4" tape</u> on the inside fold.
  - g) Remove paper, press into place



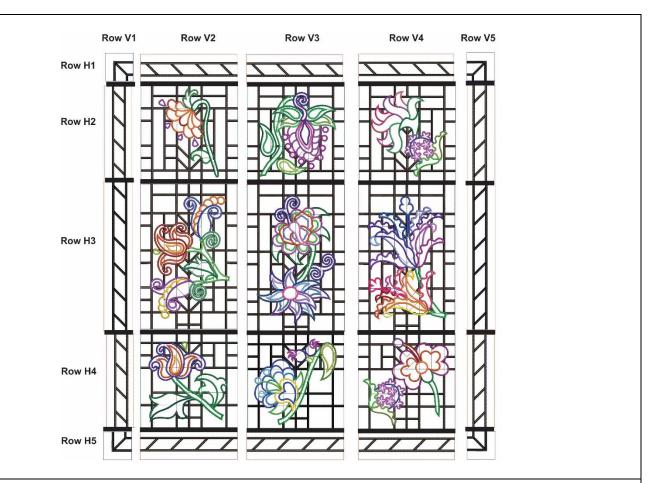
The **Steam a Seam tape** is not a permanent securing method for the Back Joining Strip.

Complete the Joining Strip technique by stitching a Top Stitch on either side of the joining strip as shown in the diagram by white dashed lines.

- 5. Use a stitch in the ditch foot. Use Black thread in both top and bobbin.
- 6. Move needle to right or left as needed and stitch a Top Stitch on either side of Joining Strip.

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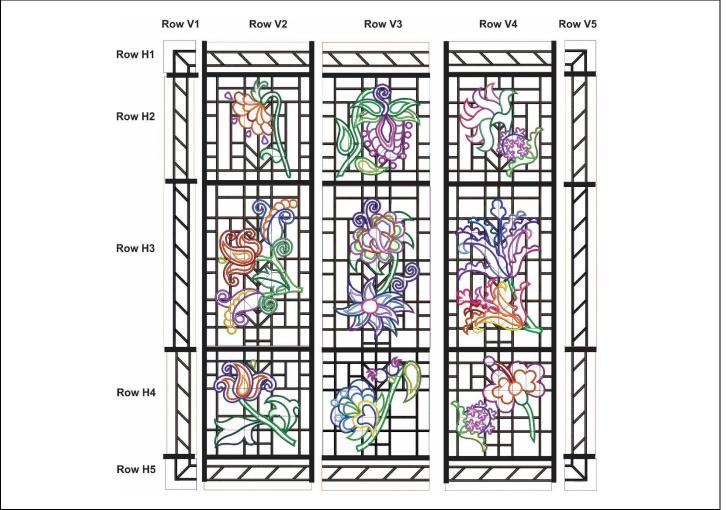


#### 7. To complete each vertical row

- a) Pin the blocks in Row H3 to blocks in Row H2 to the 1" Top Joining Strip.
- b) Sew a 1/4" Seam.
- c) Pin the blocks in **Row H3** to blocks in **Row H4** to the 1" Top Joining Strip.
- d) Sew a 1/4" Seam.
- 8. Press the top of each Joining Strip on the right/front side. This should be 1/2" wide.
  - a) Turn over and Press the seam. The embroidery batting and fabric should butt edge to edge.
  - b) Spray a light Starch on the 1-1/4" Back Joining Strip to get a good crisp edge.
  - c) Fold over and Press the full 1-1/4" strip.
  - d) Fold the edge of the 1-1/4" to about 1/8" from the seam, and Press.
  - e) Fold over again and Press.
  - f) Place **Steam a Seam 1/4" tape** on the inside fold.
  - g) Remove paper and press into place.
- 9. Complete the Joining Strip technique by stitching a Top Stitch on either side of the joining strip as described in steps 5 & 6, above.

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- 10. After all the Vertical Rows are joined, cut 4 joining strips to the following sizes: 36" x 1" wide and 36" x 1-1/4" wide.
- 11. Sew Joining Strips to both sides of Row V2 and Row V4.
  - a) Join Row V1 and Row V3 to Row V2 following steps 7 & 8, above.
  - b) Join **Row V5** to **Row V4** following steps 7 & 8, above.
  - c) Complete the Joining Strip technique by stitching a Top Stitch on either side of the joining strip as described in steps 5 & 6, above.
  - d) Join the group of Rows V1, V2 & V3 to the group of Rows V4 & V5, following steps 7 & 8, above.
  - e) Complete the Joining Strip technique by stitching a Top Stitch on either side of the joining strip as described in steps 5 & 6.
- 12. Cut binding 3-1/4" wide and fold in half. Attach binding using a 1/2" seam allowance. This will result in the binding width to be the same as the Joining Strip width.

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