

## General Instructions Applique Designs

Applique Design by Vicky Lawrence (copyright 2009) – *Garden Nouveau Quilts* – AQS (copyright 2009)  
Digitized Design by Anna Aldmon (copyright 2010)

### Introduction:

Welcome to **Applique in the Hoop** for Embroidery Machines. I am pleased to present the complete set of applique designs to make the “Nouveau Fleur Quilt” by Vicky Lawrence. The applique designs on the CD will work with the 240mm x 360mm Hoop for Brother or Babylock, 260 x 200 mm and 360 x 200 mm Hoops for Viking and Pfaff embroidery machines or 260 x 400 mm (using foot #26) Hoop for the Bernina 830 embroidery machine.

### **Fabric Requirements:**

Background Blocks 1 - 9	2 ½ yds	Dk Green fabric for corners, borders, framing on blocks	5 Yds	Applique fabric for Swirls and greens	1 yd several colors
Applique Borders	3 ½ yds	Lt Green for sashing and outer border	3 yds	Applique fabric for flowers	Fat Qtrs Several colors

It is recommended to stitch out a test block using scrape fabric to get familiar with the process. Each folder will contain a number of files to create the complete appliqué block, including the “corners” of each appliqué block. Each folder will have detailed, step by step, instructions for stitching out and aligning the appliqué elements. The 'Corner Border Block' folder contains assembly instructions for the 4 appliqué borders and the 4 corner appliqué blocks and corner crowns.

Just copy the embroidery file(s) from the CD to the 'thumb-drive' or 'USB stick' for your embroidery machine. Print out the PDF files for instructions for each block.

This CD contains several different file types (SVG, FCM, PDF & JPEG) to support cutting machines to create your own pre-cut applique shapes. These file formats are for your own personal use and not to be copied or distributed.

### General Information for digitized applique designs

**Applique Block:** Is the term to represent the applique part of the block. In some cases, the same digitized design will be “stitched out” more than once to complete the full applique block. Many of the applique blocks will have multiple hoopings. The alignment of these hoopings will be done via crosshairs within the applique block and the “design positioning” features on the embroidery machine. Once the applique block is completed, including the corners, remove these stitched out crosshairs from the block background.

**Applique Corners:** Many of the blocks have “corners” that are part of the block and are intended to be appliquéd on the applique block. The corner block applique design element would use the background fabric that is defined as “bumpers” in the book, as well as Border fabric. In most cases, there will be a separate digitized file to add the corners onto appliquéd block. Where the design permits, the corner applique element will be part of the applique block.

**Applique Fabric:** While the instructions provide approx size for each applique element, another option is to cut a larger piece of fabric to cover the all applique pieces for a given design element, such as a group of leaves, or petals of a flower.

## General Instructions Applique Designs

Applique Design by Vicky Lawrence (copyright 2009) – *Garden Nouveau Quilts* – AQS (copyright 2009)  
Digitized Design by Anna Aldmon (copyright 2010)

**Recommendation:** Press /iron the background fabric and each applique fabric to ensure it lays flat on the background fabric for the triple stitch step. Suggest using a light spray starch such as “Best Press” by Mary Ellen’s.

**Thread Colors of the Digitized Design:** The thread colors of red, white and gray represent specific functions, not literal color choices. **Red** or **Purple** will be used for crosshairs for large designs to aide in alignment. **White** is used to outline the “placement” of the applique fabric. **Gray** is used to tack down the fabric using a triple stitch. All other thread colors are just an initial suggestion based on the original quilt design. These can be any color thread to match the applique fabric for the satin stitch. The Crosshairs, Placement and Tack Down stitches can be done in a neutral color thread.

**“TRIM,” instruction:** Represents an abbreviation for the following list of “Diamond” instructions:

1. Remove the hoop from the embroidery unit to trim the applique shape. Place the hoop on a flat surface.
2. Trim very closely around the fabric with Snip Eze type scissors. Don’t be concerned if you nick a few stitches. Gently pulling the attached fabric up makes it easier to get very close. It is best to trim the applique fabric when the hoop is attached to the embroidery unit. If it becomes necessary to remove the hoop to trim, minimize the handling of the hoop, and place the hoop on a flat surface to trim the applique fabric.
3. Re-attached the hoop to the embroidery unit and continue stitching out the design.

### Stabilizer Considerations:

Selecting the right stabilizer is key for any embroidery machine design. For this project, I would recommend a sticky – tear away stabilizer. I used Floriani “Perfect Stick” Stabilizer. It makes it easy to align the crosshairs for the applique elements. It also kept the background fabric flat which was important when doing the corner applique elements. I also found that the 100% cotton background fabric had enough stretch in it that there were times the satin stitch would pucker. I would recommend using the Floriani “Stitch N Wash Fusible” to be ironed on the back of the cotton background fabric. Both of these stabilizers can be removed by just dipping a sponge brush in some water and tracing the satin stitch line. If using more than one stabilizer, remove them one layer at a time. Another method to address puckering of background fabric is to “float” a tear away stabilizer underneath the hoop and the stitch plate after the hoop has been attached to the embroidery unit.

### Additional Helpful Hints:

Review the **Assembly Instruction file** for information to complete the quilt top,  
Review the **Applique Technique file** if you have not used your embroidery machine to stitch out applique designs.  
Review the **“Alignment” Methods file** to become familiar with different approaches to using the crosshairs for alignment.

Please send any questions or comments back to Anna Aldmon at: [anna@aaadesigns.us](mailto:anna@aaadesigns.us)

I hope you enjoy making these designs!

Anna’s Awesome Appliqué Designs  
[anna@aaadesigns.us](mailto:anna@aaadesigns.us) 214 335 9236  
[www.annasawesomeappliquedesigns.com](http://www.annasawesomeappliquedesigns.com)

